

July 17, 2025

Everyday AI: Smart, Simple & Fun



www.caccor.com

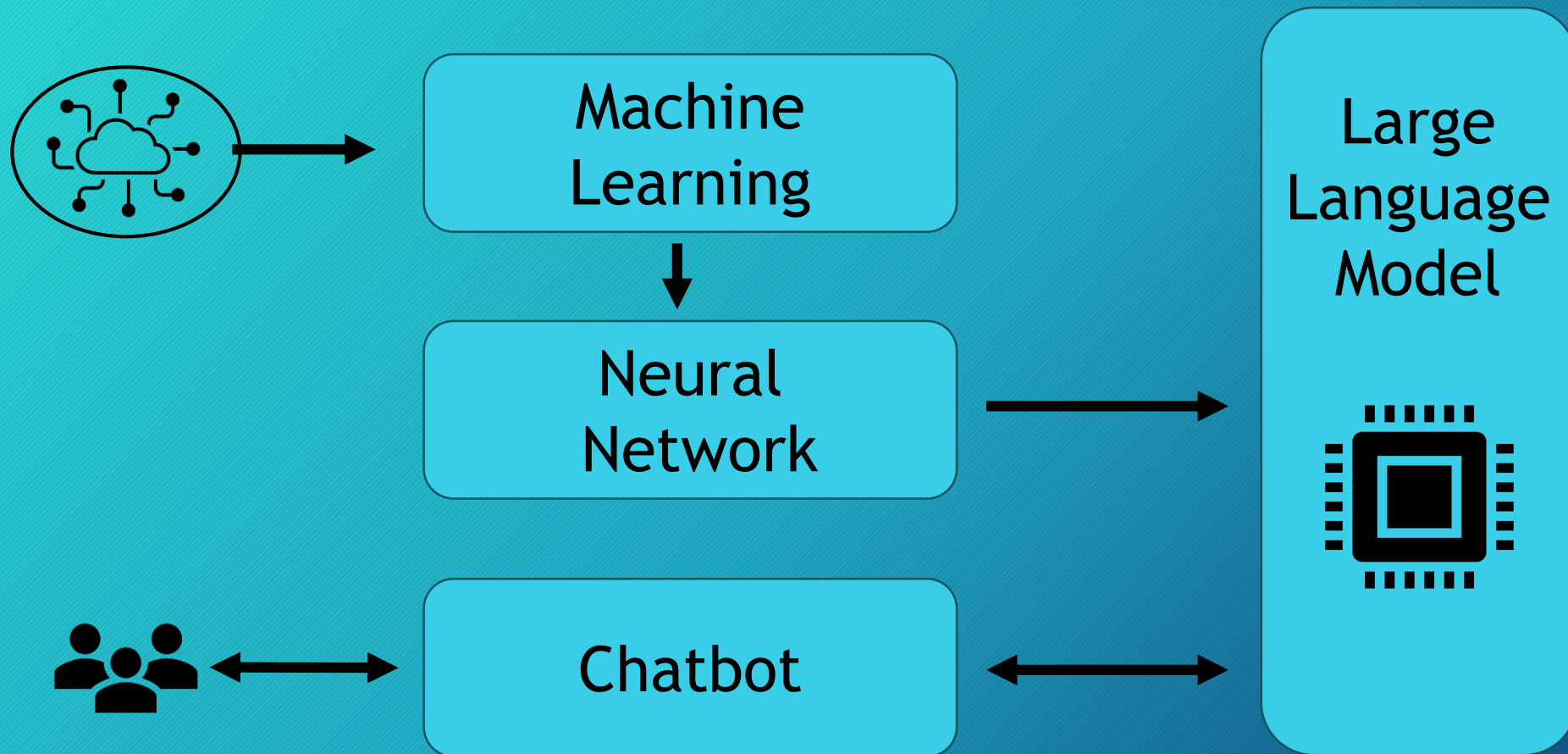
Presenter
Rhona Lishinsky

Agenda



- Basic concepts & terminology
- Privacy
- Accuracy
- Using Chatbots
- *Your* AI usage and experiments
- Q&A

Large Language Model (LLM)



How Large Language Models Are Trained



Training includes

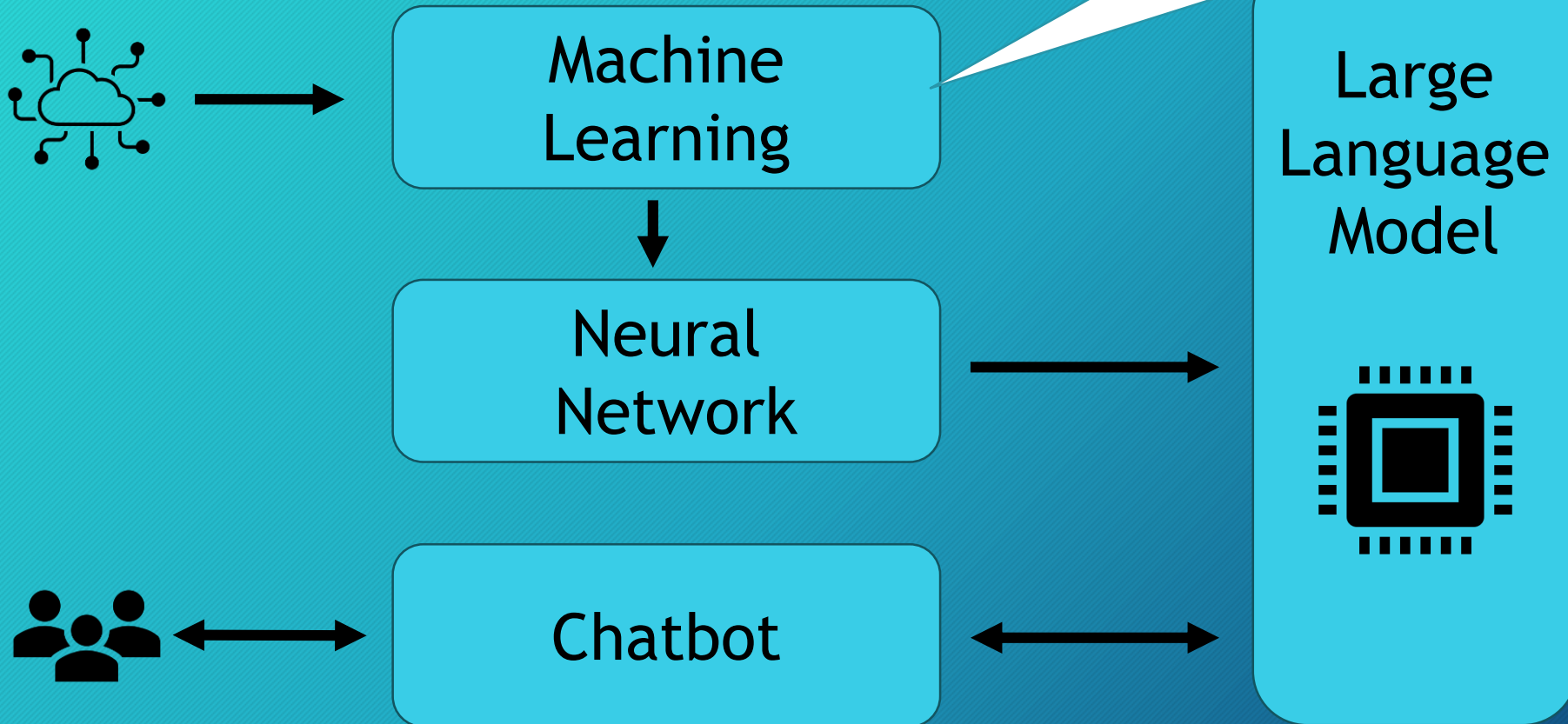
- Websites (public)
 - ✓ Millions of Webpages = est 100TB raw data = 75M books
- Books
 - ✓ 100s of thousands, including public domain & licensed texts
- Public Forums (ex: Reddit, Quora, etc.)
- Wikipedia
 - ✓ Entire English set (~6M articles)

Training does not include

- Private documents
- Subscription content
- Personal data
- Copyrighted material
- Real-time news or updates after model cutoff

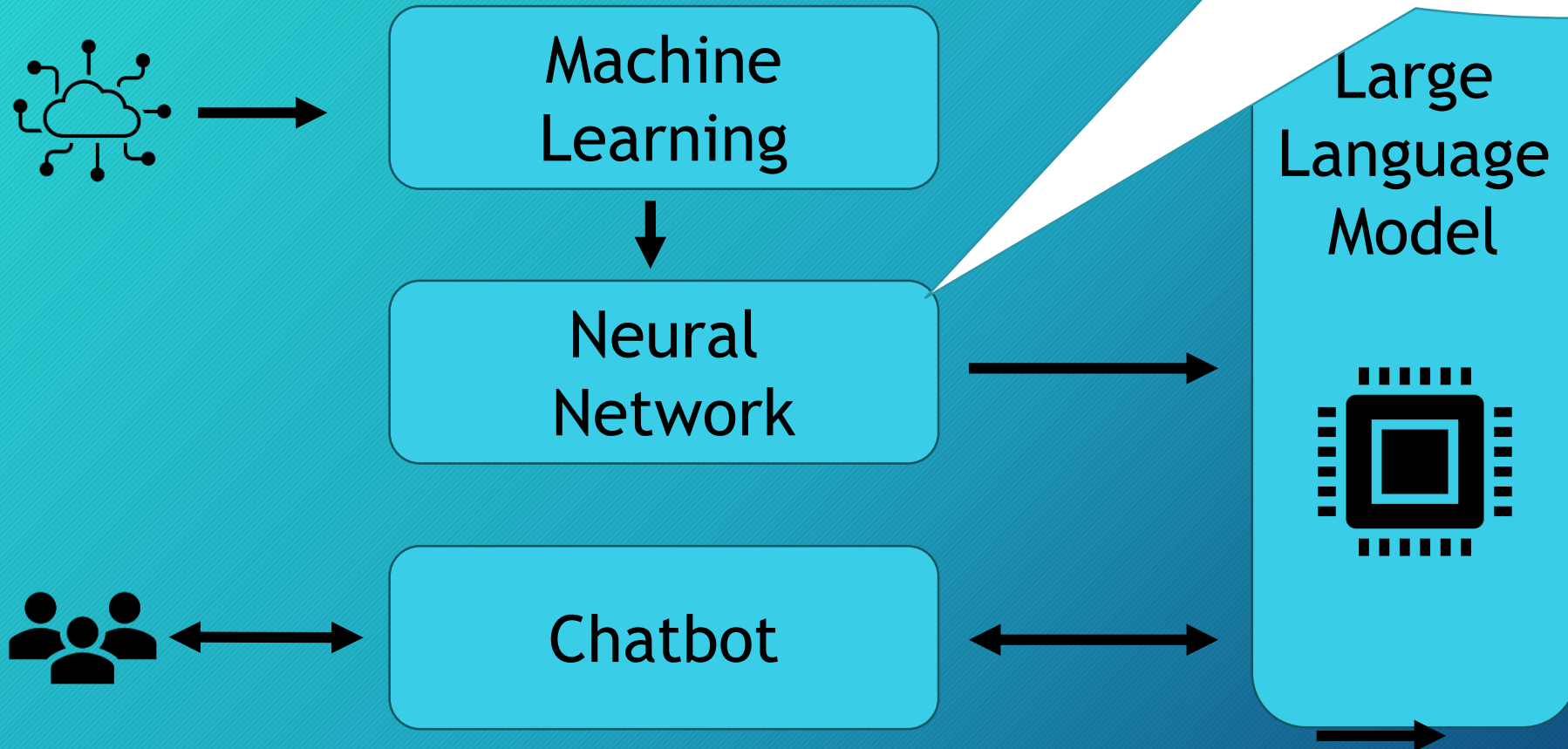
Large Language Model (LLM)

A type of AI where computers learn from data and improve over time.



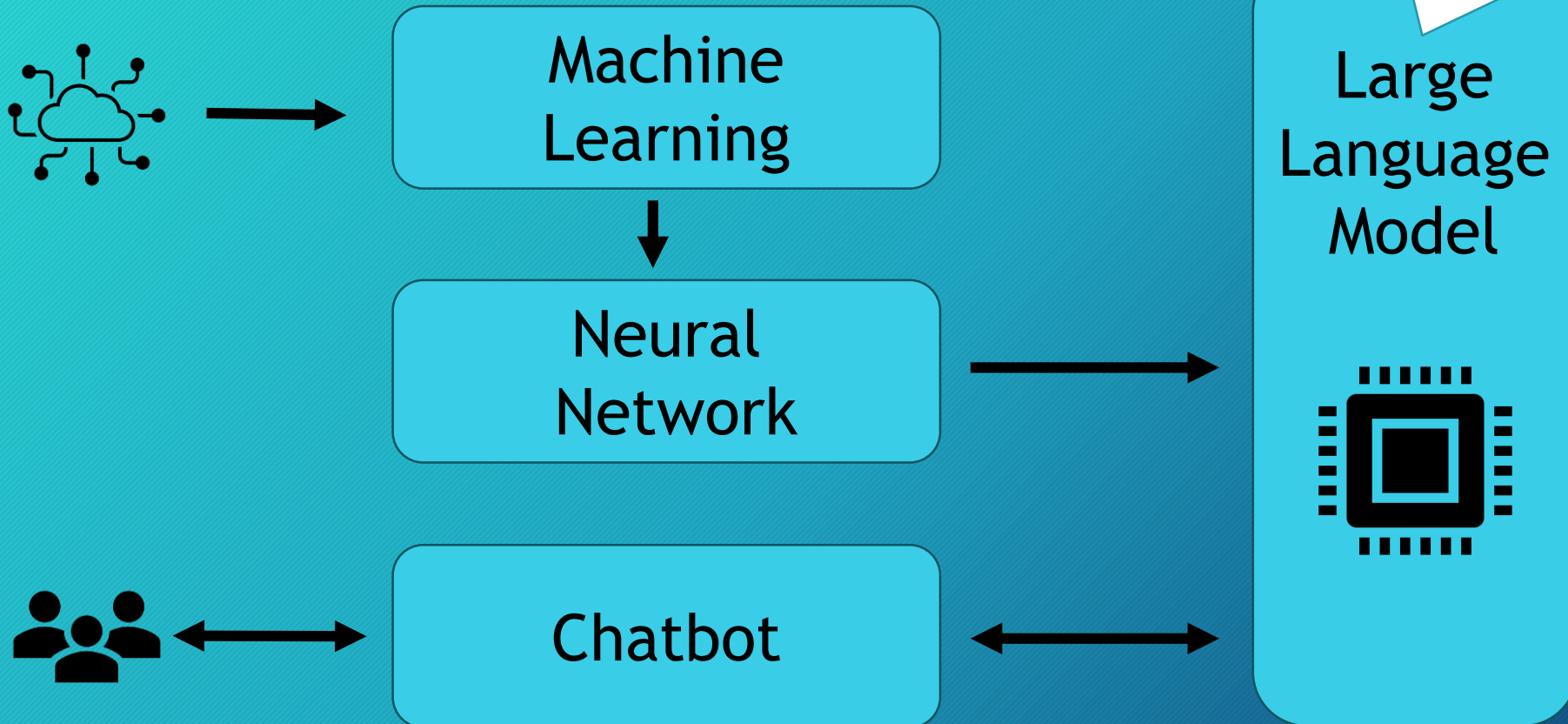
Large Language Model (LLM)

A system of algorithms inspired by the human brain, used to identify phenomena, weigh options and arrive at conclusions.



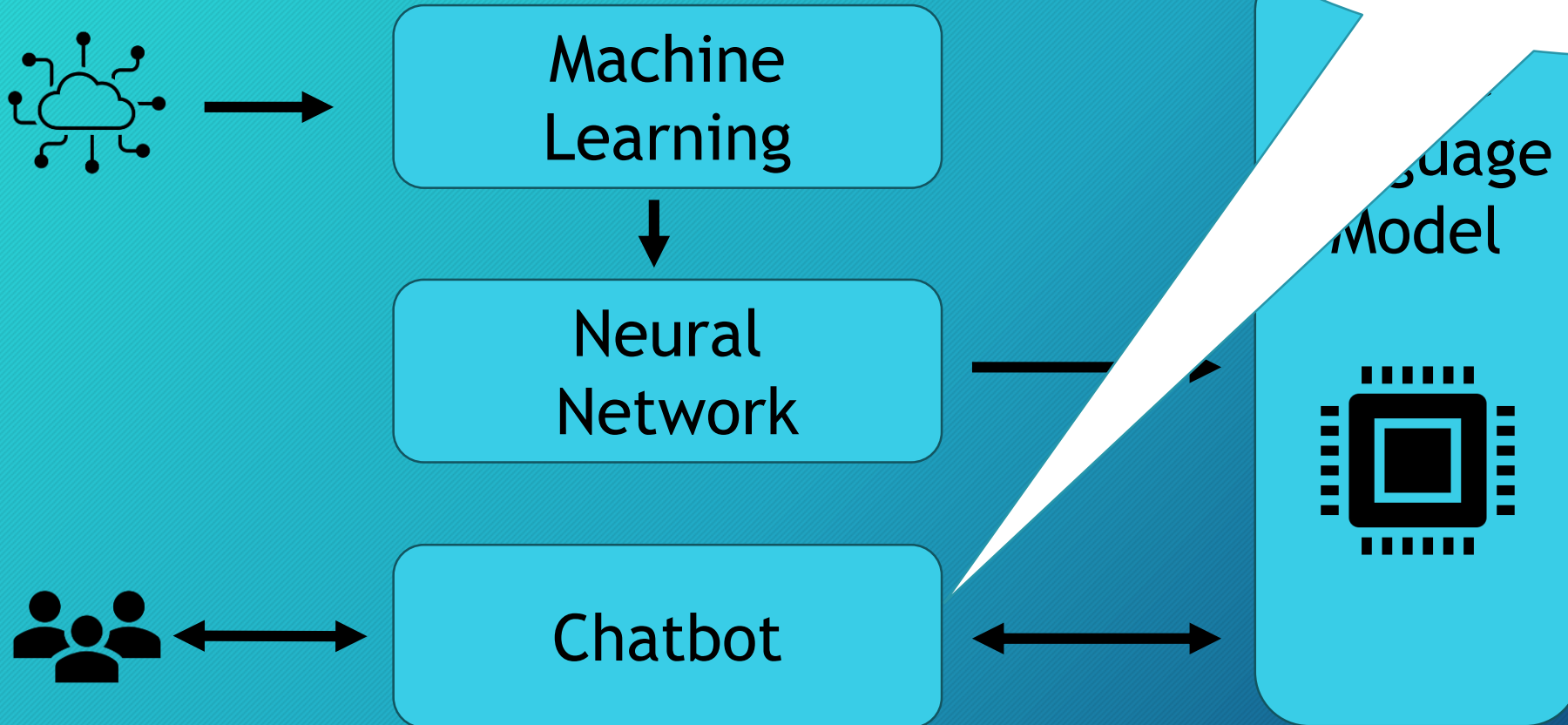
Large Language Model (LLM)

A powerful AI system trained on massive text data to understand and generate language.



Large Language Model (LLM)

Computer program that understands context to generate fluid original text, thereby simulating conversation.





Google



Q Rossmoor Walnut Creek population



AI Mode

All

Images

News

Maps

More ▾

Rossmoor Walnut Creek population

Rossmoor, a gated adult community in Walnut Creek, California, has a population of approximately 9,200 residents. The community primarily caters to individuals aged 55 and over. While the community was initially planned for a larger population, the number of residential units and residents was adjusted over time. ⓘ

Additional facts about Rossmoor:

- It was developed starting in 1963.
- It encompasses 1,800 acres in the Tice Valley area of Walnut Creek.
- It is located two miles from downtown Walnut Creek and 25 miles from downtown San Francisco.
- Rossmoor features diverse housing options, including cooperatives, condominiums, and single-family homes.
- It offers a range of amenities, such as golf courses, swimming pools, tennis courts, and hiking trails. ⓘ

AI responses may include mistakes. [Learn more](#)

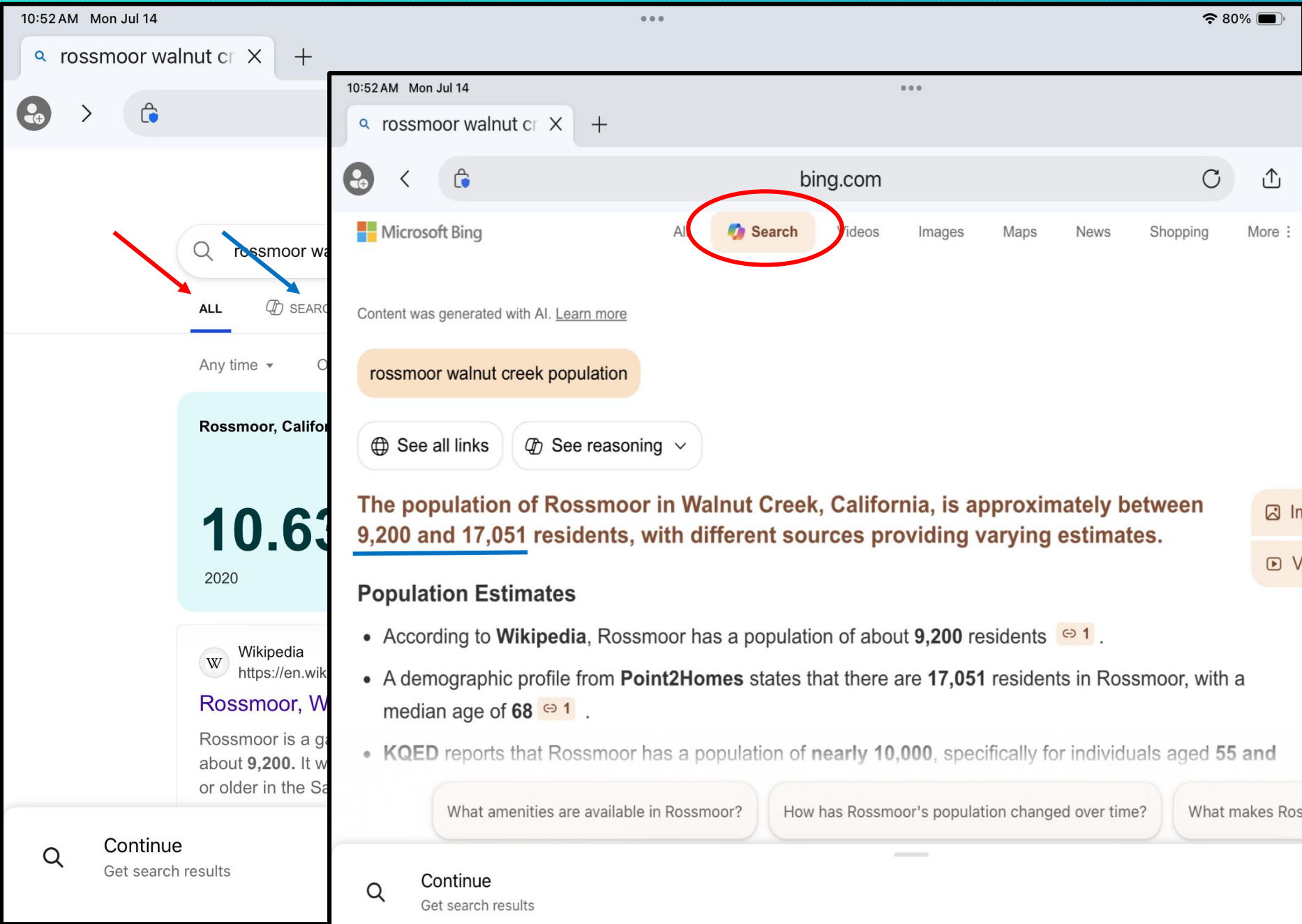


↪ What's the median age of Rossmoor residents?

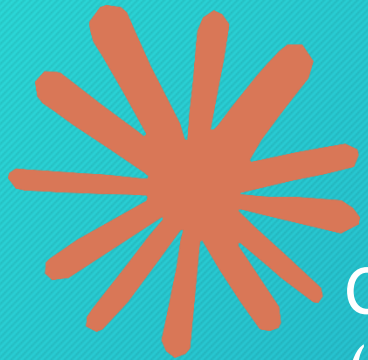
↪ What are the monthly fees for Rossmoor homes?

↪ Are there Rossmoor Walnut Creek community events open to the





Popular Chatbots



Claude
(Anthropic)



Co-Pilot
(Microsoft)

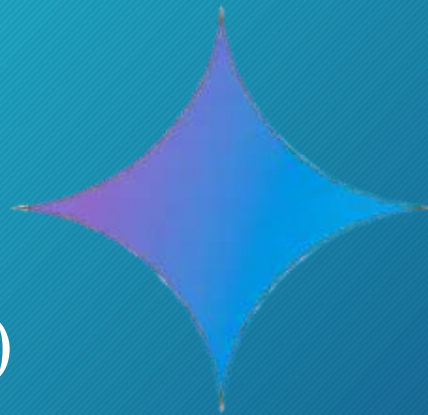


Apple Intelligence

ChatGPT
(Open AI)



Gemini
(Google)



Apple Intelligence



- **Currently available for**
 - iPhone 15 Pro & Pro Max, iPhone 16
 - Later models of iPad and Mac (M1 and later chips)
- **Benefits:**
 - **Intelligent Writing Tools:** Refine your writing in various tones, generate text formats
 - **Smart Reply:** Provides suggested responses for emails and messages.
 - **Summarization:** Summaries of emails, messages, and web pages.
 - **Priority Notifications:** highlights urgent and important alerts.
 - **Image creation & media tools**
 - **Enhanced Siri:** Ability to type requests, understand on-screen context, and even integrate with ChatGPT for more complex requests.

Chatbot Basics



Feature	ChatGPT	Co-Pilot	Claude	Gemini
Accessible via	Mobile App, Web	Mobile App, Web, MS apps, Bing browser	Mobile App, Web	Mobile App, Web, Google; Chrome browser extension
Account Req?	No	No	Yes	Yes for mobile app
Account Benefits	Save chats; Privacy benefits; Newer version; Uploads (limited)	Save chats; Added image generation	Save chats	Save chats; Image generation; Uploads; Integrate w/Google apps
Pro Acct Benefits (~\$20/mo)	Newest version; Faster speeds; Larger uploads;	Newest version; Faster speeds; Larger uploads	Faster speeds; No chat limits; live support; new feature early access	Faster speeds; Larger uploads; Create video clips; 2TB storage

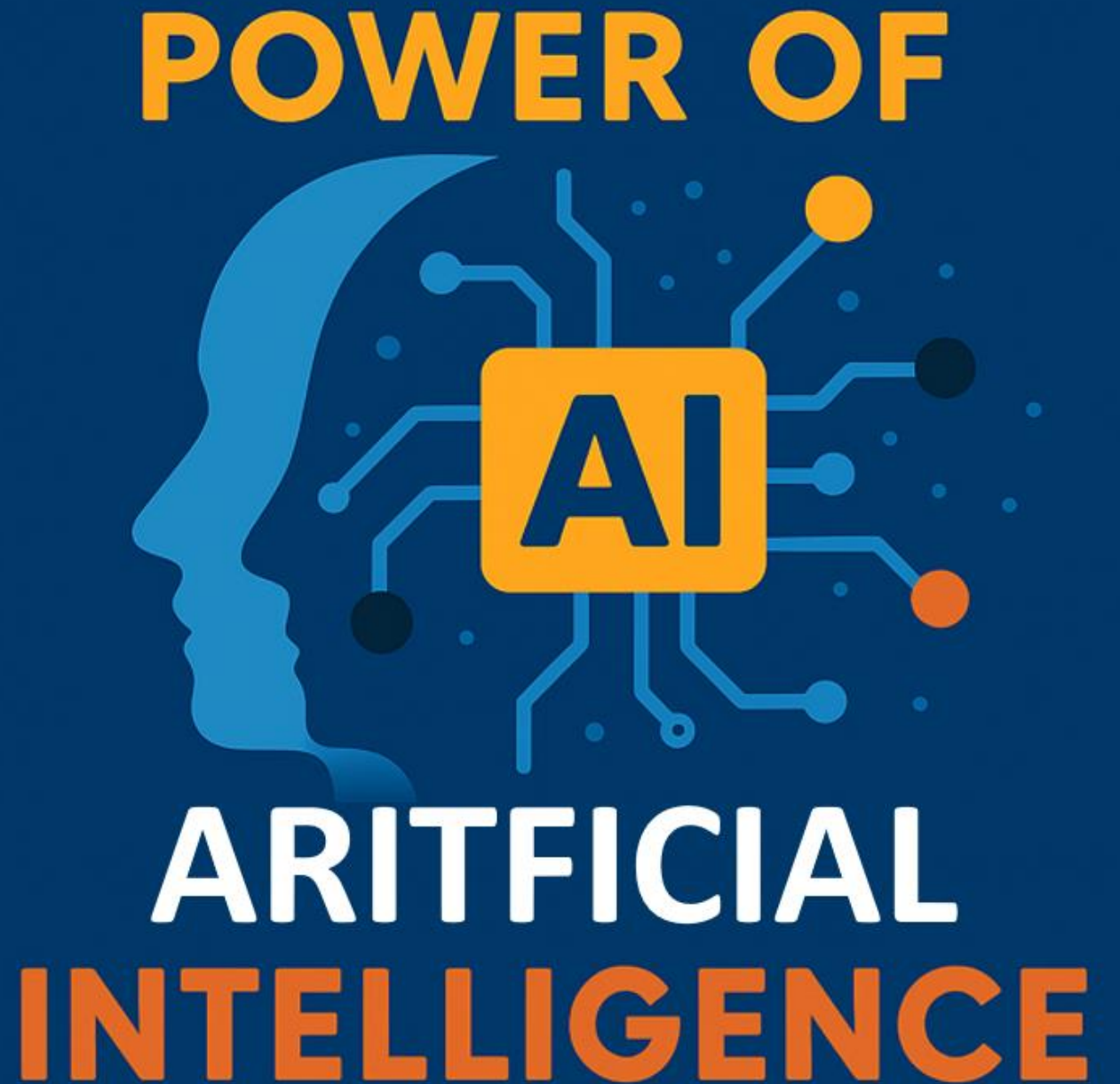
Privacy



Feature	ChatGPT (OpenAI)	Copilot (Microsoft)	Claude (Anthropic)	Gemini (Google)
Uses chats for AI model training?	-- Yes by default	-- For service improvement, not AI model training; can opt out.	✓ No (unless you explicitly <u>opt in</u>)	-- Yes by default
Opt out of AI model using chats?	✓ Yes, via settings with free or paid account	-- Yes (opt-out not readily visible to users)	N/A (see above)	✓ Yes (via settings or My Activity controls)
Anonymous use available (no account) ?	-- Yes (GPT-3.5 only, no history, limited features) ... but chats used for training.	✓ Yes (limited features)	✗ No (account is required)	✓ Yes (at gemini.google.com but limited features)

Accuracy

Please create a catchy, colored, square shaped graphic that I can use for my presentation about AI.



Accuracy - Washington Post Testing



Chatbot (Owner)	Claude (Anthropic)	ChatGPT (Open AI)	Co-Pilot (Microsoft)	Gemini (Google)
Literature	7.3	7.8	3.5	2.3
Law	6.9	5.3	5.4	6.1
Health Science	7.7	7.2	7.0	6.5
Political	6.2	7.2	3.7	5.0
Total Score	28.1	27.5	19.6	19.5

Scoring based on 10-point scale

Using Chatbots - Unregistered



6:44 AM Sat Jul 12



ChatGPT

100%

Sign up

Suggest fun activities

to help me make friends in a new city

Write a message

that goes with a kitten gif for a friend...

Tell me a fun fact

about the Roman Empire

Write a Python script

to automate sending daily email repo...

Ask anything

Type question here



Search



Reason





ChatGPT >

I have a question about USB type C cables. I am looking to buy a new cable on Amazon. Some indicate they are intended for iPhone 15 or 16. But I want to charge an iPad Pro, which also has a type C connector. As long as a cable has a type C connector, shouldn't any cable work with my iPad?

Great question — and the short answer is yes, but with a few important caveats.

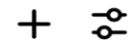
✅ What will always work:

Any **USB-C to USB-C** cable as long as:

- Both ends fit (i.e., you're not using a dongle)
- The cable is from a reasonable brand

However, here's what to watch out for:

Ask anything



- For example, the iPad Pro (as of 2022) only supports USB-C cables that are certified for USB Power Delivery (PD).

7:12 AM Sat Jul 12

Search

LLM Training Stats

Privacy in ChatGPT CoPil...

Features without an Acco...

AI Tool Comparison Chart

AI Graphic for Seniors

AI Graphic Design Request

Neural Networks in LLMs

Use ChatGPT Without Ac...

Safety of Third-Party GPTs

Flight change request LLM

AI Energy and Politeness

RH Rhona Roo

ChatGPT >

✅ What to look for when shopping:

Feature	What to Look For	Why It Matters
Connector Type	USB-C to USB-C	Needed for direct connection
Power Support	60W or 100W PD	Fastest charging
Data Speed	USB 3.1 Gen 2 (10 Gbps) or higher	Fast file transfer
Cable Quality	Braided / Certified / Reputable brand	Durability

🔧 Recommended Brands

- Anker
- UGREEN
- Cable Matters

Ask anything

+ 🔧

📄 🔊 🔍 🔄 🗑️

🔧 Cable Recommendations on Amazon

Here are some solid picks (you can search these exact names):

💡 If You Want Fast Charging + Fast Data (Best Overall)

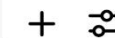
- **Anker 765 USB-C to USB-C Cable (140W, USB 3.1 Gen 2, 10 Gbps)**
 - Fast charging + high-speed data.
 - Braided, very durable.
 - ✅ Future-proof.

💡 If You Mainly Care About Fast Charging

- **Anker USB-C to USB-C Cable (100W, USB 2.0)**
 - Fast charging, but slower file transfers.
 - Often labeled "for iPhone 15" — works fine for charging your iPad.

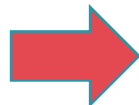
💡 Budget Option That Still Does the Job

Ask anything

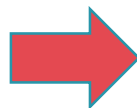




ChatGPT >



Was Microsoft having a problem with itsoutlook.com webmail today? I was unable to send and receive email.



Yes, Microsoft did experience a widespread Outlook.com outage today (July 10, 2025). Users around the world reported issues sending/receiving emails, logging in, and encountering license/authentication errors across Outlook web, mobile, and desktop. Microsoft acknowledged the internal issue and deployed a fix, though full recovery may take some time [thesun.co.uk +5](#).

Here's a clearer breakdown:

- **Start of outage:** Began early on July 10 (around 5 a.m. GMT, which is midnight PT), with reports lasting over 11 hours [lifewire.com](#)
[answers.microsoft.com +1](#).
- **Scope of issues:** Across all platforms—webmail (Outlook.com), mobile app, desktop clients. Problems included login failures (up to 62% of users), license errors, and inability to access mailboxes

Ask anything



identified the cause and began rolling out a fix, but warned full restoration could take time [indiatimes.com](#)



Using Chatbots - Registered Accounts



6:47 AM Sat Jul 12

100%

Get Plus +

Search

ChatGPT

Library

GPTs

DALL·E

Epson 1980s PC Line

DESQview Multitasking S...

Outlook.com Outage Upd...

Fun BBMI Meanings

Reconciliation Process in...

Volunteer Workload Imbal..

RL Rhona Lishinsky

Previous Chats

Create a painting
in Renaissance-style

Suggest a recipe
based on a photo of my fridge

Files



Camera



Photos



Search



ChatGPT



Library



GPTs



DALL-E

Epson 1980s PC Line

DESQview Multitasking S...

Outlook.com Outage Upd...

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Volunteer Workload Imbal...



Rhona Lishinsky



Explore



Top Picks

Writing

Productivity

Research & Analysis

Education

Lifestyle

DA

By ChatGPT

GPTs created by the ChatGPT team

1



Monday

A personality experiment.
You may not like it. It may n...

By ChatGPT

2



DALL-E

OpenAI's legacy image
generation model. For our l...

By ChatGPT

3



Data Analyst

Drop in any files and I can
help analyze and visualize...

By ChatGPT

4



Hot Mods

Let's modify your image into
something really wild. Uplo...

By ChatGPT

5



Creative Writing Coach

I'm eager to read your work
and give you feedback to i...

By ChatGPT

6



Coloring Book Hero

Take any idea and turn it into
whimsical coloring book pa...

By ChatGPT

See more ▼

Writing

Enhance your writing with tools for creation, editing, and style refinement

1



AI Humanizer

#1 AI humanizer in the world

Get human-like conte

2



Song Maker GPT -

Create Your AI Music

AI Music & Song Creator:



Search



ChatGPT

Library

GPTs

DALL·E

Epson 1980s PC Line

DESQview Multitasking S...

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RL Rhona Lishinsky

Get Plus



Create a painting
in Renaissance-style

Suggest a recipe
based on a photo of my fridge

Files



Camera



Photos



Fun with Photos





AI Image Creation

- AI *creates* the image based on its training data.
- Does not search the internet and use existing photos.

PROMPT: Create photo of an orange tabby cat & a rose bush

- Generated from scratch using patterns learned during training
 - Massive datasets of images and text
 - Understands what a "tabby cat" and a "rose bush" typically look like
 - Synthesizes a completely new image that matches the Prompt description.



Prompt: The question or instruction you give to Chatbot



- **Start with the Goal**
What do you want ChatGPT to do?
Example: "Draft a short event announcement"
- **Add Key Context**
Who is it for?
What is the topic or task?
Any background details that matter
- **Example:**
Audience: Seniors
Topic: AI class
Tone: Friendly and simple
- **Give Specific Instructions**
Length? Format? Style?
Must include or avoid anything?
- **Example:**
Max 150 words
Include a headline
Avoid technical jargon

Usage Ideas and Benefits



GENERAL INFORMATION

- Focused research - no clicking on dozens of websites to find the right info
 - Avoid nefarious websites
 - Saves time
- Refine your requests via ongoing chat
 - On the fly
 - Saved chats
- Product Research and Comparison
 - EX: Charging cable for iPad Pro
 - EX: Does the 42mm apple watch series 10 use the same size watchband as the 40mm series 5?
 - Will Microsoft 365 be on sale during Prime Days?

TECH SUPPORT

- Software - problems, instructional guidance
- Chatbot usage

Usage Ideas and Benefits



PERSONAL ASSISTANCE

- Interpret medical reports, contracts, etc. (may require paid account)
- Generate articles, announcements, etc.
- Negotiation assistance ... and even practice!

GRAPHICS & PHOTOS

- Image generation -
 - avoid copyright / illegal use issues (and steep fines!)
- Fun with your own photos
- Image identification



What breed of kitten are these?

